

## **GLUTEN FREE MENU**

**PLEASE NOTE THIS MENU IS NOT SUITABLE FOR CEOLIACS**

### **~STARTERS**

|  |       |
|--|-------|
| Halloumi chips with sweet chilli sauce & red chilli oil            | £6.95 |
| Fried Frank's Hot wings  | £7.95 |
| Stuffed Pimento Olives, oil & balsamic                             | £6.50 |
| Stuffed Vine leaves  | £5.95 |
| Patatas Bravas   | £5.95 |
| Lemon & Garlic Homous, crudities                                   | £5.95 |
| Homemade Soup of the day   | £5.95 |
| Feta, Serrano ham, sundried tomato & red onion salad with Balsamic | £6.95 |

### **~GRAZE & SHARE**

|   |        |
|---|--------|
| Antipasti with Serrano ham, Chorizo, Salami, Pimento Olives, Picanté peppers & Balsamic oil   | £13.95 |
| Baked Camembert infused with garlic & thyme, served with gluten free crackers & onion chutney | £10.95 |

**SIDES** ~Chips @ £2.95 ~Triple cooked chips or Skinny fries @ £3.50  
~upgrade to Triple cooked chips or Skinny fries for £1

### **~MAINS**

|  |        |
|--|--------|
| 10oz Gammon steak with chips, free range egg, char grilled pineapple & chips         | £14.50 |
| Fried Frank's Hot Chicken Wings with skinny fries, garden salad                      | £13.95 |
| Grilled White Fish served with garden salad & fries                                  | £13.95 |
| Aromatic Chicken & mushroom (or vegetable) Curry with rice & mango chutney           | £14.95 |
| Chicken & Bacon salad with parmesan shaving with balsamic vinegar                    | £11.50 |
| Chicken and Chorizo Pasta, cream & white wine sauce                                  | £11.95 |
| Warm Goats cheese Salad with sundried tomatoes, Pimento olives, red onion & Balsamic | £10.95 |

### **~DESSERT**

- ~chocolate Brownie Sundae
- ~Eton mess Sundae
- ~Lemon meringue Sundae
- ~Vanilla ice cream